Our Goal

To increase engagement and retention of academic early-career neuroscientists from underrepresented groups by reducing isolation, providing tips, tools, and skills development to prepare for tenure track success, and increasing career self-efficacy.

The BRAINS Impact

BRAINS participants report increased connection with other scientists, career self-efficacy and sense of belonging and attribute these changes to their BRAINS experience.

"Hearing the stories of others enlightened me to the possibilities ahead. There is no set path and most barriers can be circumvented. I feel encouraged and motivated to take my challenges head on knowing that I am not alone in my journey."

BRAINS Fellows Program

The BRAINS Fellows Program couples a multi-day professional development symposium with senior scientists panelists on a variety of career topics with ongoing, peer mentoring circles to address career issues and the intersection of social and professional identities. A subset of Fellows also engage in an intense career development incubator experience. Finally, Fellows also can network with other cohorts and gain additional skills through the cross cohort symposia.

Affiliates Program

All eligible applicants not selected as Fellows will be invited to be BRAINS Affiliates. Affiliates will have access to a series of online professional development webinars and opportunity to join ongoing, peer mentoring circles.

Enhanced sense of belonging

Increased career self-efficacy

**p<.01   **p<.001

BRAINS Team

Sheri Mizumori, PhD
Principal Investigator
mizumori@uw.edu

Joyce Yen, PhD
Co-I and Co-Director
joyceyen@uw.edu

Claire Horner-Devine, PhD
Co-I and Co-Director
mchd@uw.edu

NIH NINDS grant #R25NS076416

Broadening the Representation of Academic Investigators in NeuroScience (BRAINS)

University of Washington Box 352180 | Seattle, WA 98195
Contact: 206-543-4605 | brains@uw.edu | brains.washington.edu | @BRAINSbites