# stay fierce tips for sustaining fierce conversations

# practice with a fierce partner

- Exchange with your Fierce partner a list of conversations you each need and want to have. Check in with each other to ensure these conversations actually happen.
- Practice the model; which in this case, is your 60-second Opening Statement and follow up with each other.
- Pick one of the Seven Principles of Fierce Conversations each month and practice it.

### have fierce meetings

- At meetings, such as staff meetings, ask about Fierce Conversations people are having: What are the results, what's working, what isn't and does anyone need support?
- Ask about a-ha's.
- Rotate each member of the team to be responsible for leading a Beach Ball (Team) conversation for staff meetings. Good practice for team members! For Team Conversation model, refer to the book: Fierce Conversations, Achieving Success at Work & at Home, One Conversation at a Time.

## take advantage of fierce supporting materials

#### 30 days of living fierce journal

• Commitments and thought starters, personal action plan (conversations I need to have), top 5 goals, personal integrity scan, professional and personal Stump Speech.

#### newsletter

- Sign up for Fierce newsletter
- Include Fierce in your own internal newsletter (success stories, tips, etc.)

#### fierce handouts

• Use the handouts you received on the Opening Statement

